

**Food Pantries, Hot Meals, and other Programs served by  
Friendship Donations Network in Tompkins and nearby counties.**

[Friendship Donations Network](http://www.hsctc.org) (FDN) provides produce, breads, desserts, dairy, deli, and groceries (if available) to the programs listed below. For a complete listing of food pantries and community meals in Tompkins County, please visit: [hsctc.org/food](http://hsctc.org/food). *Updated February 1, 2016.*

Monday - Friday:

- Loaves and Fishes. Free daily meals. All are welcome. No income guidelines. St. John's Church, 210 N. Cayuga St., Ithaca; Monday, Wednesday, Friday at 12pm; Tuesday, Thursday at 5:30 pm.
- Food is shared with Freedom Village USA and the Ithaca Youth Bureau Paul Schreurs Memorial Program.

Mondays:

- Lansing Food Pantry, 2/22 only. The Rink 1767 East Shore Drive, Lansing, 1:00 - 3:00pm.
- Caroline Food Pantry, 1st and 3rd Mondays. Brooktondale Community Center, 524 Valley Road, Brooktondale, 5:00-7:00pm.

Tuesdays:

- Immaculate Conception Church Food Pantry, 113 N. Geneva St., Ithaca, 1:00 - 2:00pm.
- Healthy Tuesdays at Groton Public Library, 112 East Cortland St., Groton, 6:00pm.

Wednesdays:

- Bread of Life Food Pantry. 1 Water St., Candor, 3:00-5:30pm.

Thursdays:

- Halsey Valley Helping Hands Pantry. GAR Building, Hamilton Rd, Halsey Valley, 4-4:45 pm. *No Halsey Valley Pantry on the 3rd Thursday.*
- Food is shared with Community Justice Center/Alternatives to Incarceration.
- Danby Food Pantry, 3rd Thursday only. Danby residents only. Danby Federated Church, 1859 Danby Rd., Danby, 3:00-6:00pm.

Fridays:

- Interlaken Reformed Church Pantry. 8315 Main Street, Interlaken, 3-6pm.
- Food is shared with non-profit programs: Dryden O.U.R.S and Y.O.U.R.S.; Ithaca Kitchen Cupboard; New Roots Charter School; Rescue Mission; Second Wind Cottages; outreach to low-wage work sites, senior housing and rural families.

Saturdays:

- Free hot meal served at Salvation Army. 150 N. Albany St, Ithaca. Saturday 12pm; Sunday 3pm (*not an FDN program*).
- Food for All, Lodi's Community Pantry, Lodi Presbyterian Church just south of the village of Lodi on Rte. 414, 3pm-6pm.
- 1st Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca,

12-2pm.

- 1st Saturday: King Ferry Pantry, 8703 Route 90, King Ferry, 9am-12pm
- 2nd Saturday: Grace Lee Wesleyan Church Pantry. 2075 Chambers Rd., Beaver Dams, 1pm.
- 3rd Saturday: Linderman Creek Pantry. 201 Cypress Court, Ithaca Community Room, 12pm.
- 3rd Saturday: Calvary Baptist Church Pantry. 507 N. Albany St., Ithaca, 12-3pm
- 4th Saturday: McLean Community Church Pantry. 50 Church St, McLean, 1:30-2:15pm.
- Last Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.

Sundays (Alternating Weeks):

- West Village Apartments Distribution. (2/7, 2/21) Chestnut St., Ithaca, 12:30 pm.
- Overlook Apartments. (2/7, 2/21) 1263 Trumansburg Rd, Ithaca, Community Room, 12:00 - 12:30pm.
- Reach Out For Christ Church Pantry. (2/14, 2/28) 318 Johnson Road, Freeville, 1:00 - 2:00pm.

For a complete listing of daily pantries, see:

- [www.211tompkins.org](http://www.211tompkins.org)
- Ithaca Journal, "Daily Events", page 2B
- Weekly Advantage/Pennysaver

Friendship Donations Network, which was founded in 1988 by Sara Pines, rescues fresh, nutritious food that would otherwise be thrown away at area stores and farms. Its volunteers then redistribute it to neighbors in need through pantries and programs that serve more than 2,100 people weekly. Each year FDN diverts over 500,000 lbs. of good food from local landfill. More information at: <[friendshipdonations.org](http://friendshipdonations.org)>.

Find us on Facebook: [www.facebook.com/FriendshipDonations](http://www.facebook.com/FriendshipDonations)