

**Food Pantries, Hot Meals, and other Programs served by  
Friendship Donations Network in Tompkins and nearby counties.**

[Friendship Donations Network](http://hsctc.org/food) (FDN) provides produce, breads, desserts, dairy, deli, and groceries (if available) to the programs listed below. For a complete listing of food pantries and community meals in Tompkins County, please visit: [hsctc.org/food](http://hsctc.org/food). Updated May 1, 2016.

Monday - Friday:

- Loaves and Fishes. Free daily meals. All are welcome. No income guidelines. St. John's Church, 210 N. Cayuga St., Ithaca; Monday, Wednesday, Friday at 12pm; Tuesday, Thursday at 5:30 pm.
- Food is shared with Freedom Village USA, Ithaca Youth Bureau Paul Schreurs Memorial Program, Tompkins Community Action pantry.

Mondays:

- Lansing Food Pantry, 4<sup>th</sup> Mondays only. The Rink 1767 East Shore Drive, Lansing, 1:00 - 3:00pm.
- Caroline Food Pantry, 1st and 3rd Mondays. Brooktondale Community Center, 524 Valley Road, Brooktondale, 5:00-7:00pm.

Tuesdays:

- Immaculate Conception Church Food Pantry, 113 N. Geneva St., Ithaca, 1:00 - 2:00pm.
- Healthy Tuesdays at Groton Public Library, 112 E. Cortland St., Groton, 6:00pm.

Wednesdays:

- Bread of Life Food Pantry. 1 Water St., Candor, 3:00-5:30pm.

Thursdays:

- Halsey Valley Helping Hands Pantry. GAR Building, Hamilton Rd, Halsey Valley, 2-2:45 pm. *No Halsey Valley Pantry on the 3rd Thursday.*
- Food is shared with Community Justice Center/Alternatives to Incarceration.
- Danby Food Pantry, 3rd Thursday only. Danby residents only. Danby Federated Church, 1859 Danby Rd., Danby, 3:00-6:00pm.

Fridays:

- Interlaken Reformed Church Pantry. 8315 Main Street, Interlaken, 3-6pm.
- Food is shared with non-profit programs: Dryden O.U.R.S and Y.O.U.R.S.; Ithaca Kitchen Cupboard; New Roots Charter School; Rescue Mission; Second Wind Cottages; outreach to low-wage work sites, senior housing and rural families.

Saturdays:

- Free hot meal served at Salvation Army. 150 N. Albany St, Ithaca. Saturday 12pm; Sunday 3pm (*not an FDN program*).
- Food for All, Lodi's Community Pantry, Lodi Presbyterian Church just south of the village of Lodi on Rte. 414, 3pm-6pm.
- 1st Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.
- 2nd Saturday: Grace Lee Wesleyan Church Pantry. 2075 Chambers Rd., Beaver Dams, 1pm.
- 3rd Saturday: Linderman Creek Pantry. 201 Cypress Court, Ithaca Community Room, 12pm.

- 3rd Saturday: Calvary Baptist Church Pantry. 507 N. Albany St., Ithaca, 12-3pm
- 4th Saturday: McLean Community Church Pantry. 50 Church St, McLean, 1:30-2:15pm.
- Last Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.

Sundays (Alternating Weeks):

- West Village Apartments Distribution. (5/1, 5/15, 5/29) Chestnut St., Ithaca, 12:30 pm.
- Overlook Apartments. (5/1, 5/15, 5/29) 1263 Trumansburg Rd, Ithaca, Community Room, 12:00 - 12:30pm.
- Reach Out For Christ Church Pantry. (5/8, 5/22) 318 Johnson Road, Freeville, 1:00 - 2:00pm.

For a complete listing of daily pantries, see:

- [www.211tompkins.org](http://www.211tompkins.org)
- Ithaca Journal, "Daily Events", page 2B
- Weekly Advantage/Pennysaver

Friendship Donations Network rescues fresh, nutritious food from stores and farms — food that would otherwise be thrown away — and redistributes it to neighbors in need. We serve 2000 people a week through 30 hunger relief programs, and divert over 500,000 lbs. of good food from local landfill each year. A model of efficiency, founded in 1988 by Sara Pines, we are almost entirely volunteer-run.

Learn more at: [www.friendshipdonations.org](http://www.friendshipdonations.org);  
[Facebook.com/FriendshipDonations](https://www.facebook.com/FriendshipDonations); Twitter @FDNIthaca