



The Good Food Exchange



Spring
2014

Thank You for Keeping Us Going!



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Friendship Donations Network (FDN) would not function without the sustained involvement of hundreds of people in our community and beyond.

In this issue of our seasonal newsletter, *The Good Food Exchange*, we take a moment to recognize all those who support us. Your commitment and investment make FDN's work possible.

Our food donors—including large and small stores, institutions, farmers, backyard gardeners, and others—regularly provide us with their extra food, which we distribute to people who need it most.

Those food donors go out of their way to help us with our mission of reducing hunger in our community (while also diverting food from landfills) by allowing us to pick up food from their sites at all hours year-round.

FDN volunteers work many hours every week delivering food to our facility at the Just Be Cause Not-for-Profit Development Center (JBCC) in Ithaca and organizing it so that area food pantries and other organizations we serve can easily pick it up for redistribution.

On short notice, our volunteers also often drop other priorities and use their own vehicles to pick up unexpected donations to prevent that food from being wasted and to ensure that it will provide nourishment for families in our community who need it most. Sometimes, it is a farm that experienced a bumper crop of potatoes or apples; a store with dozens of crates of milk with a looming expiration date; or a college dining hall with a surplus of perishable ingredients at the end of the semester.

In addition to the direct handling of food donations, our dedicated volunteers contribute their time and tal-

2013 Donors		
Christy Armstrong	Deena Freed	Joanne Miner
Lucy Barcelo	Renee and Jack Freed	Nina Miller
Robin Barton	Sara Hess and Jeff Furman	Suzanne Motheral
Harriet and Frank Becker	Linda and Charles Garbo	Jane Mt. Pleasant
Steven and Beverly Beer	Ray and Maria Gasser	Leonard Nissenson
Ben and Jerry Foundation	David and Nancy Gersh	Robert Nobles
Frances Bergstrom	Philip and Linda Glaser	Karen Nocera
Christa Bissell	Rabbi Scott and Sharon Glass	Carol Ornstein
Betsy East and Elizabeth Bixler	Heidi Goldstein	Art and Katy Pearce
Shelley Blackler	Adelaide Gomer	Judy Roberts and Stephen Penningroth
Thomas Blecher	Steve and Elizabeth Gray	Laura Peters
Jeffrey Silber and Pamela Bleiwass	GreenStar Natural Foods Market	Sara Pines
David Kreinick and Susan Blumenthal	Linda Myers and Sanford Gutman	Fred and Rita Quinlan
Lewis Golinker and Joy Blumkin	Handwork, Cooperative Craft Store	Rabbi's Discretionary Fund
Eileen Yagoda and Ross Brann	Evelyn Kalish and Stephen Heller	Esther Racoosin and Eric Alani
Donald Ruff and Barbara Brazill	William and Phyllis Highland	Sidney and Minna Resnick
Kevin and Vicki Brew	David Hissler	Carroll Rikert
David Matthews and Diane Bruns	Tim Joseph and Leni Hochman	Martha and Steven Robertson
Carol Bushberg	Dan Hoffman	Susan Robinson
Byrnes Family Fund	House of Shalimar	Robin and Rick Rosoff
Rita and Joseph Calvo	Catherine Husa Husscini	Bob Rossi
Garrison Davidson and Marjorie Carasik	Kevin and Marion Ingerson	Ellen and Arthur Rosten
David Cedarbaum	Ithaca Youth Bureau	Gail and Jim Salk
Fred and Marlene Charnoky	Frederick Jones	Sarah Reimer for Suzanne West
Michael and Catherine Charnoky	Lara Kaltman	Kenneth Schlather
Barbara Chasin	Jan and Harry Katz	Nancy and George Schuler
Katherine Chiang	Michael Katz	Samuel Shapiro
Diane Cohen	Anna Kelles	John and Maureen Sheehan
Katherine and Jessye Cohen-Filipic	Jody Kessler	Abdul Razak and Emma Lou Sheikh
Community Arts Partnership	Dooley Kiefer	Rachel Siegel
Susan Compton	Irene Kiely	Joyce Sirlin-Rand
Karen and Vicki Comstock-Gayle	Jud and Sue Kilgore	Nancy Spero
Cornell Students for Hunger Relief	Michael and Carrie Koplinka-Loehr	David and Ellen Stotz
Chris and Nancy Coughlan	Charles Guttman and Shirley Ladd	Garry and Connie Thomas
Marlaine and Richard Darfler	Bernd Lambert	Sustainable Tompkins
Jessica DelMundo	Rachel Lampert and David Squires	John Suter
John Efrogmson and Carole Dennis	James and Cheryl Leach	Barbara Lou and Milton Taam
Robert Connelly and Gail Dennis	Lynn Bradley Leopold	Temple Beth El Arts Committee
Marilyn and Robert Dennison	William and Susan Lesser	Russ Traunstein
Robin and Paul DiGiammarino	Diana Levy	Triad Foundation
Barbara DiSalvo	Living Hope Fellowship	Linda Tsang
Gail Blake and Jennifer Dotson	Linda and Dana Mandel	United Way of Tompkins County
Jose and Cor Drost	Randy and Terry Marcus	Jane Bender and Thomas VanDerzede
Richard and Leslie Ehrlich	Gary Marsden	Suzanne Wapner
Mark and Paula Eisner	Joyce Marsh	Richard Warkentin
Caron Bove and Lawrence Endo	Martin F. Hatch Fund	Sarita Warsawsky
Judith Epstein	Peter and Ann Martin	Pamela and Michael Webster
Janet and John Ernisse	Nancy McGinnies	J. Amalia Weinberg
David and Grace Evans	Jane McGrew	Winthrop Wetherbee
Joanne Farbman	Jerry McGrew	Mary Wheeler
Howard Feinstein	Bruce W. McKee	Lisa Wickham
Vivian Fields	Kathleen McLaren	Wendy Wolfe
Parker Filer	Susan and John McMurry	Joanna Woods
Carole Fisher	Ralph and Deborah Meola	Tania Yannarilli
John and Eileen Forrest	Stella and Kris Merschrod	Kathleen Yen
Janet Fortress	Patti Meyers	Ms. Jay H. Yerka
Luann Drole Fortune	Beth Mielbrecht	Marcia and David Zax
	Marilyn Migiel	

ents in a variety of ways, including maintaining our facilities; installing our CoolBot and shelving; working to identify new food donors and additional opportunities to reduce food waste; designing our logo and promotional materials; producing videos; writing training manuals; and being on call to answer the FDN phone so that we can

be available seven days a week, 364 days a year to accept food donations.

If anything needs doing, we can almost always find an FDN volunteer willing to do it!

But some of what FDN does requires financial support. While our budget remains modest, every dollar is essen-

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 tial. We use funds for the salary of our part-time coordinator, to pay our modest rent at the JBCC, and to purchase essential goods and services.

More than two hundred donors contribute at all levels, providing the majority of our yearly operating funds. We could not function without community members who include us in their charitable giving.

So thanks, and thanks again, to all of you who support us.

And for those of you who want to find out more about volunteering and making monetary contributions, please contact us at (607) 216-9522 or info@friendshipdonations.org. Or visit our website at www.friendshipdonations.org. ■

*By Jane Mt. Pleasant
 President, FDN Board of Directors*

Editor: Meaghan Sheehan Rosen
 Layout: Owen Zhang



Contact us:
 (607) 216-9522
info@friendshipdonations.org
www.friendshipdonations.org

Programs Served
Free Community Meals:
 Loaves and Fishes

Food Pantries:
 Bread of Life Pantry, Candor
 Catlin First Methodist Church Pantry
 Danby Food Pantry
 Reach Out For Christ Church Pantry
 Grace Lee Wesleyan Church Pantry
 Halsey Valley Helping Hands Pantry
 Immaculate Conception Church Pantry
 Interlaken Reformed Church Pantry
 Lansing Food Pantry
 McLean Community Church Pantry
 Northern Light Learning Center Pantry
 Overlook Apartments Pantry
 Sovereign Grace Baptist Church Pantry
 West Village Apartments Pantry
 Workers' Center Pantry at Linderman Creek

Neighborhood Food Hubs
2014 season coming soon!
 July 1 – October 1

New hub locations in
 Ithaca, Danby, Dryden, and Groton.
 Learn more at friendshipdonations.org/hubs.



Contact us to get involved.

Friendship Donations Network
 Meaghan Sheehan Rosen, Program Coordinator

Board of Directors
 Jane Mt. Pleasant, President • Anisa Mendizabal, Vice President • Linda Finlay, Secretary • Art Pearce, Treasurer • Audrey Baker • Michael Charnoky • Parker Filer • Ken Finkelstein • Marty Hatch • Lenny Nissenson • David Quinn-Jacobs • Carolyn Tomaino

Outreach/Nonprofit Community Programs:
 Alternatives to Incarceration Programs
 Bright Futures Program
 Cayuga Addiction Recovery Services
 Dryden O.U.R.S. and Y.O.U.R.S
 Healthy Tuesdays at Groton Public Library
 Ithaca Kitchen Cupboard
 Ithaca Youth Bureau
 New Roots Charter School
 Outreach to low income work sites in Ithaca
 Outreach to residents in Ithaca and Newfield
 Rescue Mission
 Women's Opportunity Center
 Youth Farm Project

Volunteers

Cyndie Allmendinger	Jeanine Huber
Meghan Beeby	Gary and Helen Hurlbutt
Richie Berg	Meredith Kusch
Cinda Bey	Howard London
Andrew Bruce	Alex Mason
Jessica Breslau	Linda Myers
Carol Ann Brust	Sue and Sam Morrie
Tommie Blecher	Jim Nohelty
Archie and Phyl Brown	Staci Nugent
Jonathan Burns	Stephanie Piech
Talya Champion	Sara Pines
Alison Coluccio	Erica Rausch
Jennifer Dotson	Cindy Rotella
Paul Drewry	McKenzie Jones Rounds
Chris Fontana	Susan Spector
Liz and Steve Gray	Kathy Simons
Billy Gurowski	Linda Storrer
Mark Hartsuyker	Tim Turecek
Holly Henry	Paul van Lenken
Jules Hojnowski	Kristina Yurukova
Anise Hotchkiss	Owen Zhang

Food Donors
 Area farms and CSAs (in season)
 BJs Wholesale Club
 Chipotle
 Cornell University (including Cornell Dairy Store, Cornell Orchards, Homer C. Thompson Research Farm, and Cornell Dining)
 Community members
 Full Plate Farm Collective
 GreenStar Natural Foods Market
 Ithaca Bakery
 Ithaca College Dining
 Maines Food & Party Warehouse
 P&C Fresh
 Tops Friendly Markets
 Wegmans (anchor donor)
 West Haven Farm

Friendship Donations Network
 1013 W. Martin Luther King, Jr. / State Street
 Ithaca, NY 14850