Thank You for Keeping Us Going!

Friendship Donations Network (FDN) would not function without the sustained support of hundreds of people in our community and beyond. In this issue of our seasonal newsletter, The Good Food Exchange, we take a moment to recognize all those who support us. Your commitment and investment make FDN’s work possible.

Our food donors—including large and small stores, institutions, farmers, backyard gardeners, and others—regularly provide us with their extra food, which we distribute to people who need it most.

Those food donors go out of their way to help us with our mission of reducing hunger in our community (while also diverting food from landfills) by allowing us to pick up food from their sites at all hours year-round.

FDN volunteers work many hours every week delivering food to our facility at the Just Be Cause Not-for-Profit Development Center (JBC) in Ithaca and organizing it so that area food pantries and other organizations we serve can easily pick it up for redistribution. On short notice, our volunteers also often drop other priorities and use their own vehicles to pick up unexpected donations to prevent that food from being wasted and to ensure that it will provide nourishment for families in our community who need it most. Sometimes, it is a farm that experienced a bumper crop of potatoes or apples; a store with dozens of crates of milk with a looming expiration date; or a college dining hall with a surplus of perishable ingredients at the end of the semester.

In addition to the direct handling of food donations, our dedicated volunteers contribute their time and talents in a variety of ways, including maintaining our facilities; installing our CoolBot and shelving; working to identify new food donors and additional opportunities to reduce food waste; designing our logo and promotional materials; producing videos; writing training manuals; and being on call to answer the FDN phone so that we can be available seven days a week, 364 days a year to accept food donations.

If anything needs doing, we can almost always find an FDN volunteer willing to do it!

But some of what FDN does requires financial support. While our budget remains modest, every dollar is essential.

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2013 Donors

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Winthrop Wetherbe
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So thanks, and thanks again, to all of you who support us.

And for those of you who want to find out more about volunteering and making monetary contributions, please contact us at (607) 216-9522 or info@friendshipdonations.org. Or visit our website at www.friendshipdonations.org.

By Jane Mt. Pleasant
President, FDN Board of Directors

Programs Served
Free Community Meals:
Loaves and Fishes

Food Pantries:
Bread of Life Pantry, Candor
Calvin First Methodist Church Pantry
Danby Food Pantry
Reach Out For Christ Church Pantry
Grace Lee Wesleyan Church Pantry
Halsey Valley Helping Hands Pantry
Immaculate Conception Church Pantry
Interlaken Reformed Church Pantry
Lansing Food Pantry
McLean Community Church Pantry
Northern Light Learning Center Pantry
Overlook Apartments Pantry
Sovereign Grace Baptist Church Pantry
West Village Apartments Pantry
Workers’ Center Pantry at Linderman Creek

Outreach/Nonprofit Community Programs:
Alternatives to Incarceration Programs
Bright Futures Program
Cayuga Addiction Recovery Services
Dryden O.U.R.S. and Y.O.U.R.S
Healthy Tuesdays at Groton Public Library
Ithaca Kitchen Cupboard
Ithaca Youth Bureau
New Roots Charter School
Outreach to low income work sites in Ithaca
Outreach to residents in Ithaca and Newfield
Rescue Mission
Women’s Opportunity Center
Youth Farm Project

Neighborhood Food Hubs
2014 season coming soon!
July 1 – October 1

New hub locations in
Ithaca, Danby, Dryden, and Groton.
Learn more at friendshipdonations.org/hubs.

Contact us to get involved.

Volunteers
Cynthia Allmendinger
Meghan Beeby
Richie Berg
Cindy Bey
Andrew Bruce
Jessica Breslau
Carol Ann Brust
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Archie and Phyl Brown
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Staci Nugent
Stephanie Pitch
Sara Pines
Erika Rauch
Cindy Rotella
McKenzie Jones Rounds
Susan Spector
Kathy Simons
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Tim Turecek
Paul van Lenken
Kristina Yurukova
Owen Zhang

Friendship Donations Network
Meaghan Sheehan Rosen, Program Coordinator

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Ithaca College Dining
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Tops Friendly Markets
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West Haven Farm

Friendship Donations Network
1013 W. Martin Luther King, Jr. / State Street
Ithaca, NY 14850