

**Food Pantries, Hot Meals, and other Programs served by
Friendship Donations Network in Tompkins and nearby counties.**

[Friendship Donations Network](http://friendshipdonationsnetwork.org) (FDN) provides produce, breads, desserts, dairy, deli, and groceries (if available) to the programs listed below. For a complete listing of food pantries and community meals in Tompkins County, please visit: hsctc.org/food. Updated May 31, 2017.

Monday – Friday:

- Loaves and Fishes. Free daily meals. All are welcome. No income guidelines. St. John's Church, 210 N. Cayuga St., Ithaca; Monday, Wednesday, Friday at 12pm; Tuesday, Thursday at 5:30 pm.
- Ithaca Kitchen Cupboard. 150 N. Albany St., Ithaca; 1:30–3:00pm.
- Food is shared with Ithaca Youth Bureau Paul Schreurs Memorial Program, Ithaca High School PTA, Our Children's Future, Freedom Village USA, The William George Agency, The Jenkins Center, and Varna After School Program.

Mondays:

- Tompkins Community Action Food Pantry. 701 Spencer Road. 2:30 – 4:30pm.
- Caroline Food Pantry, 1st and 3rd Mondays. Brooktondale Community Center, 524 Valley Road, Brooktondale, 5:00-7:00pm.
- Lansing Food Pantry, 4th Mondays only. The Rink, 1767 East Shore Drive, Lansing, 1:00 - 3:00pm.
- GIVE- Giving Involves Virtually Everyone, June 26 only. Lehman Alternative Community School, 111 Chestnut St., 5:00–6:30pm.

Tuesdays:

- Immaculate Conception Church Food Pantry, 113 N. Geneva St., Ithaca, 1:00–2:00pm.
- Healthy Tuesdays at Groton Public Library, 112 E. Cortland St., Groton, 6:00pm.
- Tompkins Community Action Food Pantry. 701 Spencer Road. Tuesdays 10:30am – 1:30pm.

Wednesdays:

- Bread of Life Food Pantry. 1 Water St., Candor, 3:00-5:30pm.

Thursdays:

- Halsey Valley Helping Hands Pantry. GAR Building, Hamilton Rd, Halsey Valley, 2–2:45 pm. *No Halsey Valley Pantry on the 3rd Thursday.*
- Food is shared with Community Justice Center/Alternatives to Incarceration, Renovation House, A Place to Stay, Ultimate Reentry Opportunity program, The Advocacy Center, College Discovery Program, Big Brothers Big Sisters.
- Danby Food Pantry, 3rd Thursday only. Danby residents only. Danby Federated Church, 1859 Danby Rd., Danby, 3:00–6:00pm.
- Spencer Van Etten Community Food Cupboard. All residents of the Spencer Van Etten school district welcome. Spencer Federated Church, 70 N. Main St., Spencer. January to October, 2017: 2nd Thursday of the month 5–6 pm and 4th Thursday of the month 9:30–10:30 am.

Fridays:

- Interlaken Reformed Church Pantry. 8315 Main Street, Interlaken, 3:00–6:00pm.

- Food is shared with non-profit programs: Dryden O.U.R.S and Y.O.U.R.S.; Ithaca Kitchen Cupboard; New Roots Charter School; Rescue Mission; Second Wind Cottages; 4-H Urban Outreach; South Sup; Open Doors; OAR; outreach to low-wage work sites, senior housing and rural families.

Saturdays:

- Food Not Bombs, serving free vegan food at Shawn Greenwood Park/DeWitt Park, 12:00pm.
- Free hot meal served at Salvation Army. 150 N. Albany St, Ithaca. Saturday 12pm; Sunday 3pm.
- Food for All, Lodi's Community Pantry, Lodi Presbyterian Church just south of the village of Lodi on Rte. 414, 3pm-6pm.
- 1st Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.
- 2nd Saturday: Grace Lee Wesleyan Church Pantry. 2075 Chambers Rd., Beaver Dams, 1pm.
- 3rd Saturday: Linderman Creek Pantry. 201 Cypress Court, Ithaca Community Room, 12pm.
- 3rd Saturday: Calvary Baptist Church Pantry. 507 N. Albany St., Ithaca, 12-3pm
- 4th Saturday: McLean Community Church Pantry. 50 Church St, McLean, 1:30-2:15pm.
- Last Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.

Sundays:

- Reach Out For Christ Church Pantry. 318 Johnson Road, Freeville, 1:00 - 2:00pm.

Sundays (Alternating Weeks):

- Overlook Apartments. (6/11, 6/25, 7/9, 7/23) 1263 Trumansburg Rd, Ithaca, Community Room, 12:00 - 12:30pm.

For a complete listing of daily pantries, see:

- www.211tompkins.org
- Ithaca Journal, "Daily Events", page 2B
- Weekly Advantage/Pennysaver

Friendship Donations Network rescues fresh, nutritious food that would otherwise be thrown away from stores and farms and redistributes it to neighbors in need. We provide food donations to hunger relief programs that serve more than 2000 people a week, and divert over 1,000 lbs. of good food from local landfill every day. A model of efficiency, founded in 1988 by Sara Pines, we are almost entirely volunteer-run.

Learn more at: www.friendshipdonations.org;
 Facebook.com/FriendshipDonations; Twitter @FDNIthaca; Instagram
 @FriendshipDonations