

Food Pantries, Hot Meals, and other Programs served by Friendship Donations Network in Tompkins and nearby counties.

Friendship Donations Network (FDN) provides produce, breads, desserts, dairy, deli, and groceries (if available) to the programs listed below. For a complete listing of food pantries and community meals in Tompkins County, please visit: hsctc.org/food.

Updated September 2, 2019

Monday – Friday:

- Loaves and Fishes. Free daily meals. All are welcome. No income guidelines. St. John's Church, 210 N. Cayuga St., Ithaca; Monday, Wednesday, Friday at 12pm; Tuesday, Thursday at 5:30 pm.
- Ithaca Kitchen Cupboard. 150 N. Albany St., Ithaca; Mon.–Thurs. 1:30–3:00pm, Fri. 1–2:30pm.

Mondays:

- Caroline Food Pantry, 1st and 3rd Mondays. Brooktondale Community Center, 524 Valley Road, Brooktondale, 5:00-7:00pm.
- Enfield Food Distribution. Enfield Community Building, 182 Enfield Main Rd. 1:30–3:30pm. Enfield residents only.
- Lansing Food Pantry, 4th Mondays only. The Rink, 1767 East Shore Drive, Lansing, 1:00 - 3:00pm.
- GIVE- Giving Involves Virtually Everyone, 4th Mondays only. 5–5:30pm at LACS, 5:30–6pm at West Village Apts.

Tuesdays:

- Immaculate Conception Church Food Pantry, 113 N. Geneva St., Ithaca, 1:00– 2:00pm.
- Healthy Tuesdays at Groton Public Library, 112 E. Cortland St., Groton, 6:00pm.

Wednesdays:

- Bread of Life Food Pantry. 1 Water St., Candor, 3:00-5:30pm. Candor residents only.

Thursdays:

- Halsey Valley Helping Hands Pantry. GAR Building, Hamilton Rd, Halsey Valley, 2–2:45 pm. *No Halsey Valley Pantry on the 3rd Thursday.*
- Danby Food Pantry, 3rd Thursday only. Danby Federated Church, 1859 Danby Rd., Danby, 3:00–6:00pm. Danby residents only.
- Spencer Van Etten Community Food Cupboard. All residents of the Spencer Van Etten school district welcome. Spencer Federated Church, 70 N. Main St., Spencer. January to October: 2nd Thursday of the month 4–5:30 pm and last Thursday of the month 9:30–10:30 am.

Fridays:

- Interlaken Reformed Church Pantry. 8315 Main Street, Interlaken, 3:00–6:00pm.

Saturdays:

- Food Not Bombs, serving free vegan food at Shawn Greenwood Park/DeWitt Park, 12:00pm.
- Free hot meal served at Salvation Army. 150 N. Albany St, Ithaca. Saturday 12pm; Sunday 3pm.
- Food for All, Lodi's Community Pantry, Lodi Presbyterian Church just south of the village of Lodi on Rte. 414, 3pm–6pm.
- 1st and 4th Saturday: Southside Community Center Pantry, 305 S. Plain St, Ithaca, 12-2pm.
- 2nd Saturday: Grace Lee Wesleyan Church Pantry. 2075 Chambers Rd., Beaver Dams, 1pm.

FDN contact information: 607-216-9522, info@friendshipdonations.org

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- 2nd Saturday: Free meal served at Southside Community Center Pantry, 305 S. Plain St, Ithaca, 1–2pm.
- 2nd and 4th Saturday Groton Food Providers, 101 McKinley Ave, Groton, 10-11:30 am. Groton residents only.
- 3rd Saturday: Linderman Creek Pantry. 201 Cypress Court, Ithaca Community Room, 12pm.
- 3rd Saturday: Calvary Baptist Church Pantry. 507 N. Albany St., Ithaca, 12-3pm
- 4th Saturday: McLean Community Church Pantry. 50 Church St, McLean, 1:30-2:15pm.

Sundays:

- Reach Out For Christ Church Pantry. 318 Johnson Road, Freeville, 1:00–2:00pm.
- Enfield Food Distribution. Enfield Community Building, 182 Enfield Main Rd. 12:00–1:00pm. Enfield residents only.

Sundays (Alternating Weeks):

- Overlook Apartments. (9/15, 9/29, 10/13) 1263 Trumansburg Rd, Ithaca, Community Room, 12:00–12:30pm.

Food is also shared with community programs, including:

Alliance of Families for Justice	New Roots Free Food Fridays
A Place to Stay, Catholic Charities	OAR
Big Brothers Big Sisters	Open Doors
Child Development Council	Our Children's Future
Civic Ensemble	Rainbow Healing Center
College Discovery Program	REACH Medical
College Initiative Upstate	Renovation House
Community Justice Center / Alternatives to Incarnation	Rural Youth Services
Cornell Bread N' Butter Pantry	Second Wind Cottages
Dryden O.U.R.S and Y.O.U.R.S	Southside Community Center
Finger Lakes ReUse	St. John's Community Services
Garden Apartments	TC3 Panther Pantry
GIAC	The Advocacy Center
Global Roots Play School	The Jenkins Center, Mental Health Association
Ithaca College Food Pantry	Tompkins Community Action: Supportive Housing Programs
Ithaca Free Clinic Food Pharmacy	Varna After School Program
Ithaca High School PTA	YMCA
Ithaca Youth Bureau Paul Schreurs Memorial Program	Youth Farm Project
Lansing Summer Lunchbox	4-H Urban Outreach
Multicultural Resource Center: Mentors for Change, Youth Fellows	

Friendship Donations Network rescues fresh, nutritious food that would otherwise be thrown away from stores and farms and redistributes it to neighbors in need. We provide food donations to hunger relief programs that serve more than 2000 people a week, and divert over 1,000 lbs. of good food from local landfill every day. A model of efficiency, founded in 1988 by Sara Pines, we are almost entirely volunteer-run. Learn more at: www.friendshipdonations.org.